

Walking to school

As an Eco councillor protecting the environment is my main job. When I look around in the world where we live I can see lots of pollution such as: air pollution, noise pollution, littering just a few to mention.

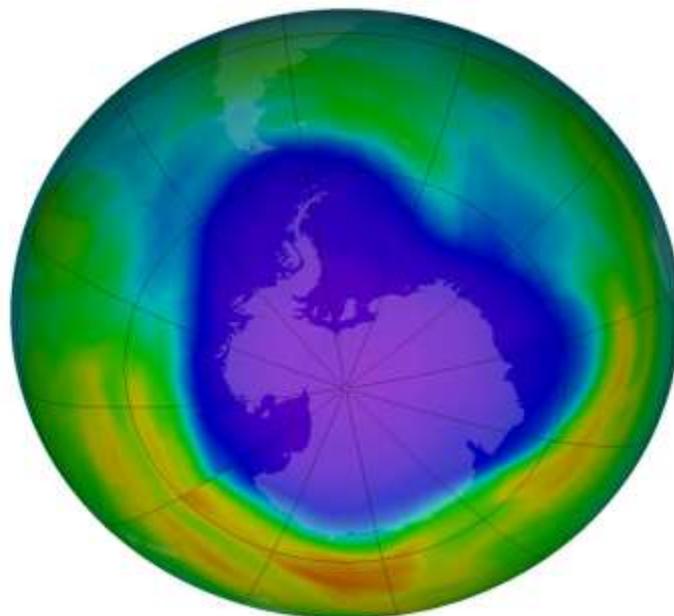


In this presentation I am going to talk about the importance of walking to school.

Benefits of Walking

REDUCING AIR POLLUTION

Walking plays an important role in improving our quality of life because it helps protect and improve the living environment and natural resources. The average drive to school and back releases 800g of CO₂ (carbon dioxide) into the air – enough to inflate over 60 balloons. Our aim should be to reduce air pollution. Air pollution has already damaged the ozone layer





HEALTHIER LIFE

Walking makes students feel calmer and happier. It improves concentration, making it easier to focus in school. Many teachers say that kids who walk and cycle to school are more alert and ready to learn than those who arrive by car. Also, walking can reduce the risk of many diseases, including heart attacks and stroke and helps manage weight, control blood pressure. As I mentioned above the hole on the ozone layer causes increased UV radiation levels at the Earth's surface, which is damaging to human health. Negative effects include increases in certain types of skin cancers, eye cataracts and immune deficiency disorders.



QUIETER LIVING SPACE

Using less cars and public transport will help to maintain to live in a calm, quiet environment and reduce heavy traffic and long commute.



SAVE MONEY

When we take cars and public transport it could cost a lot of money meanwhile walking, scooting or cycling is free. Encouraging children to walk to school will save you money on transport fares or petrol money.



By Isabella

Remember to

