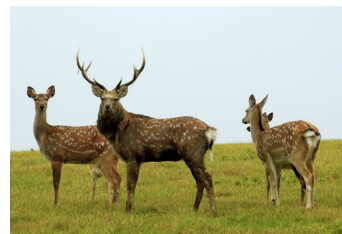




Sika Class Newsletter

29.11.19



DT Week!

This week the class have been absolutely enthralled making their Roman shields. They demonstrated fantastic creativity during the designing and used problem solving skills to reinforce their shields, make handles and a boss.



Year 4 Residential Trip

I have attached a letter and the slides to give you some information about the Year 4 overnight trip in May and payment information.

One change from presentation:

On Monday 18th drop your child at school, we will take the class to Thames Young Mariners. On Tuesday you can pick your child up from TYM at 1:30, children unable to be collected will return to school with staff.



**OF THE
WEEK**

Matthias

For team work, problem solving during DT.

Well Done Matthias, it has been wonderful to hear so many of your ideas in class discussions this week!



Rear of Richmond Adult Community College
Parkshot
Richmond Upon Thames TW9 2RE
Acting Headteacher: Mrs Frances Bracegirdle
Tel: 02083534248
Email: info@deerparkschool.org.uk

Monday 25th November 2019

Residential adventure activity trip- 18th - 19th May 2020

Dear Parent/Guardian,

It was great to see so many of you at the meeting on Wednesday; we are really looking forward to the trip. It will be an amazing adventure for the children and it will be a privilege to share their new experiences with them. We will take lots of photos to show you on our return.

This trip is to the Thames Young Mariners at Ham Lake. It will take place from Monday 18th to Tuesday 19th May 2020. This price includes: transport, food, accommodation and a range of activities. There will be three adults from school attending: Sophie Ballantine, a member of the Headship Team and one other adult.

Thames Young Mariners is part of SOLD (Surrey Outdoor Learning and Development) and is the leading residential activity centre provider in the area. This trip is an invaluable part of the children's learning experiences. They will benefit both educationally and socially and we feel certain that the activities we will do will prove to be both enjoyable and very worthwhile.

It is now time to ask you to sign your child up for the trip. I also need to ask for a non-refundable deposit of £20. This needs to be handed in by Monday 9th December. We would really like everyone in the class to come on this trip, if you have any financial concerns or other worries please come and see one of us as soon as possible to discuss this.

The payment plan for the trip is as follows: £20 deposit by 9th December, £30 by 7th February and the final settlement (£40) by 27th March. We are very happy for you to pay for this trip on a weekly or monthly basis or whatever plan suits you the best. The above is just a guide for absolute deadlines.

You can also visit <https://www.surreyoutdoorlearning.uk/facilities/thames-young-mariners> for more information.

Yours faithfully,

Frances Bracegirdle and Victoria Coward

www.deerparkschool.org.uk



Travelling arrangements

Depart school

Monday 18th May at 2.30pm

Tuesday 19th May at 1:30

You will be able to collect your child from SOLD at 1:30.

We will bring any children unable to be collected back to school.



<https://www.surreyoutdoorlearning.uk/facilities/thames-young-mariners>

Search: Thames Young
Mariners - Surrey
Outdoor Learning

Location of Thames Young Mariners

Thames Young Mariners Outdoor Education Centre
Riverside Drive
Ham
Richmond
Surrey
TW10 7RX



Activities



Canoeing and Kayaking:

Thames Young Mariners use very sheltered shallow water. We have a wide variety of kayaks and canoes to suit all abilities ranging from beginner kayaks to a wide range of canoes. We have qualified instructors on the water taking charge of the group, assisting with individual coaching tips throughout you will find the sessions Challenging and fun, pupils learn and develop paddling techniques, teamwork and communication skills using a combination of games and instruction both on land and afloat.

Woodland Skills

Study the environment and how best to adapt to it. Immensely variable, the sessions focus on survival skills as well as environmental knowledge. Typical activities include; fire lighting, shelter building, environmental games, nature walks, cooking, cordage, tracking or tool use in creating various objects (mallets, pencils, pictures, whistles, key fobs).



Challenge Course

Low level (non harnessed) ropes course, comprising of various team exercises aiming at group cohesion and teamwork development. Thirteen individual elements are linked together in a circular course with objective of getting round without touching the ground.

Accommodation at Thames Young Mariners

The class will be staying in one of two Teepee Village at TYM. This give groups the perfect opportunity to extend their learning experience in a unique residential setting!

Designed to be warm and cosy on cooler nights whilst remaining cool and comfortable on warmer nights; the teepees will be a unique and memorable residential experience for your group.

Both villages are pitched around their own campfires – the perfect place to end each day as a team; drinking hot chocolate and toasting marshmallows whilst reflecting upon the day's achievements.



We will ask the class to write down the names of three friends and they will be guaranteed to stay with one of those friends.



Food



TYM has been awarded The Eat Out Eat Well Gold Standard Award, which means their highly trained catering staff provide healthy eating options – increased fruit and vegetables and decreased fat, sugar and salt.

- We can cater for most specialised diets, for instance, vegetarians, coeliac and guests with food allergies.

- All meals are freshly prepared on site.

Meals are usually served between:

- 7.30am and 9.00am for breakfast
- 12.00pm and 1.30pm for lunch
- 5.30pm and 7.00pm for evening meal

Sample Menu



	Sample 1	Sample 2	Sample 3	Sample 4	Sample 5	Sample 6	Sample 7
Breakfast	Sausage, bacon, quorn sausage, fried/scrambled egg, baked beans, tomato, hash browns, butter and chocolate croissants, bread, toast and spreads, fruit, cereal, yoghurt						
Lunch	Baguette/sandwich, crisps, fruit, cookie/muffin/flapjack, drink						
Dinner	Pasta bolognese, macaroni cheese/ ratatouille, garlic bread, garden peas, jacket potato, salad bar Crumble & custard	Sausage and mash, cauliflower cheese, roast vegetable bake, broccoli, gravy, jacket potato, salad bar Butterscotch tart with cream	Chicken fajita, quorn enchiladas, three bean rice, potato wedges, sweetcorn, jacket potato, salad bar Eves pudding	Beef and pork meatballs in smooth tomato sauce, penne pasta, cheesy pasta bake, garden peas, jacket potato, salad bar Chocolate brownies	Beef lasagne, vegetarian mousakka, garlic bread, green beans, jacket potato, salad bar Ginger cake with cream/custard	Chicken pie with crispy pastry top, butternut squash stroganoff, roasted rosemary new potatoes, farmhouse vegetables, jacket potato, salad bar Treacle pudding	Chicken and chorizo gumbo, Moroccan aubergine and spinach tagine, rice, sweetcorn, jacket potato, salad bar Jam sponge/tart and custard

The sample menus above and on the next page are for guidance only and meal combinations may vary.